



Good luck seniors and have a wonderful summer to all!

Our Counseling Department wants to wish our seniors the best of luck as they pursue college, a variety of careers and trades, and military pursuits. We will miss you next school year, but know just how successful you will be with whatever you do in life. Don't forget to come back and see us!

We want to wish EVERYONE a happy, healthy, safe, and FUN summer! Enjoy your time off and see you in August!



FOLLOW US!

Our Counseling Department is officially on Socials! Give us a follow to stay up to date on everything happening. You can find us on Instagram and X (Twitter) @dhs_counseldept.

Build My Future STL

Duchesne students were given the opportunity to spend a day in the Construction Industry through an experiential showcase called Build My Future STL. Eight Duchesne students attended and were able to try their hands at welding, electrical work, surveying, and more!



SUMMER SCHEDULE

Mrs. Grass will be available this summer by appointment only. Please email her at bgrass@duchesne-hs.org to schedule.

SCHOLARSHIP UPDATE

With financial aid packages still coming out, be sure to use this resource to help decipher unfamiliar territory. When it comes to college choices, financial aid is a critical component. However, financial aid letters include unfamiliar terms, confusing numbers, and nuances that can make differences to the actual offer and obligation. Here is a resource to help students and families unpack the details.

[How to Read a Financial Aid Letter](#)

FINAL TRANSCRIPTS

Senior final transcripts will be sent to their college or university at the end of May.

REMINDERS

Heading on a college visit this summer? Email Mrs. Grass for all the tips, tricks, and a list of questions to ask while you are there!

LOOKING AHEAD

SPRING 2024

Wednesday-Friday, May 8-10
Junior and Senior Finals

Tuesday, May 14
Baccalaureate Mass

Thursday, May 16
Graduation

Wednesday-Friday, May 22-24
Freshman and Sophomore Finals

Saturday, June 8
National ACT Test Date
Our School Code is: 262841

HELPFUL LINKS

DUCHESNE COUNSELING
<https://www.duchesne-hs.org/counseling.html>

FAFSA

<https://studentaid.gov/h/apply-for-aid/fafsa>

SCHOLARSHIPS

[Scholarship List 2023-24](#)
<https://www.fastweb.com/>
<https://myscholly.com/>
<https://myscholarshipcentral.org/>

NAVIANCE

<https://student.naviance.com/main>

COMMON APP

<https://www.commonapp.org/>

NCAA ELIGIBILITY

<https://web3.ncaa.org/ecwr3/>

ACT

<https://www.act.org/content/act/en-missouri.html>

SAT

<https://satsuite.collegeboard.org/sat>

WELLNESS

It is important to remember that anger does not need to be negative; it can help us communicate to others how we are feeling. We have the option to express anger in a way that isn't aggressive or harmful. We don't need to be afraid of showing our emotions because we don't have to give them the power to control us.



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