



DUCHESNE HIGH SCHOOL

shaping leaders in mind, body, and spirit

Hi all,

As many of you know, each year our seniors select a virtue to serve as our theme. At the end of last week, the leadership team from the Senior Retreat settled on **Sincerity** as this year's virtue.

I ask the seniors to select the virtue because they (better than anyone else) have a sense of where the school is and what the school will need as we move throughout the year. The year's virtue will set the general tone for the year. It will be an occasional focal point for me in these letters. We will use the prayer quoted below to close our all school Masses. The faculty on our spiritual reflection days will use sincerity as a jumping off point, and sincerity will be a way for us to recognize some students throughout the year.

To get us started along those lines, I'd like to recognize **Jordan Nunn** and **Sammy Gold** as two students exemplifying sincerity. At the beginning of this week I needed to talk with another student concerning a fairly mundane matter. I found out what class she was in and was waiting outside the class for the bell to ring. Apparently the manner in which I was waiting worried both Jordan and Sammy. First Jordan passed me in the hall and asked if I was doing OK. He was genuinely concerned. Not two minutes latter Sammy passed and asked the same question. I have no doubt that if I had actually been in some sort of crisis, both would have stopped what they were doing and sought help.

I was touched by their concern, primarily because of how sincere it was. We were only four days into the school year and I was reminded of why I love Duchesne. With that, I'll leave you with our sincerity prayer for the year:

Dear Jesus, please give me the grace to be honest in all my words and actions. When someone is speaking, give me the patience to listen attentively.

Sincerely,

Dominic D'Urso



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Upcoming Events

August 27

The first meeting of **Duchesne Reads** will be on August 27th at 6:30. At that time, I'd like to discuss the introduction and the first 4 chapters of *The Anxious Generation*. I hope you'll join us. If you plan on attending, please let Robyn Fuchs know (rfuchs@duchesne-hs.org).

August 29

Back to School Night: On Thursday evening, parents will have the opportunity to come up to school, walk in the steps of their children, and meet the teachers. The evening begins at 7:00. A Happy Hour reception will start beforehand at 6:00.

August 30

Home Football Opener: Kickoff is at 7:00. There will be a tailgate hosted by the football families in the 310 parking lot. It begins at 5:00.

Cross Country: The First Capitol Invitational begins at McNair park at 4:00.

September 2

No School: Labor Day

September 3

Home Volleyball Opener: C-team and JV games start at 5:00. The varsity game follows at 6:00.

September 6

Home Tennis Opener: The varsity matches start at 3:30.

September 9

Home Soccer Opener: JV at 4:30, V at 6:00.

September 10

Home Tennis, Golf, Cross Country: The tennis team will play on campus, Golf is at Bogey Hills and the XCountry team will race at McNair.

September 11

Freshmen Testing Day: Freshmen will take a practice ACT in the morning. They will report to their first hour class and then move to the PAC for testing. The test should end prior to the lunch hour. The rest of the day will continue as usual.

Home Volleyball



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September 12

All School Mass: As usual, all of our families are welcome to join us for Mass. The celebration will begin around 9:45.

September 13

Freshmen Retreat: The retreat will take place during the regular school day, starting at 7:40 and ending before the final bell. This is a dress down day for freshmen and their senior retreat leaders. A pizza lunch will be provided. Please bring a bottle of water. Students can leave their iPads and books at home.

Looking Ahead (More Details Soon)

September 28

Homecoming Dance

October 24

Parent/Teacher Conferences

