



DUCHESNE HIGH SCHOOL

shaping leaders in mind, body, and spirit

Hello all,

We've come to the end of another wild school year. In the next week or two we'll send out a number of documents with important information about the 2024-25 year. Today, however, I'd like to focus on how this year ended. While we certainly still have a few finals to finish, the year always feels like it has reached its conclusion with the graduation ceremony. As I mentioned last week, **Kate Mikkelsen** was our graduation speaker and she established the perfect tone for the evening. I'd like to share with you a few of her words.

The focus of Kate's speech was on developing three simple concepts for a successful life. The first concept concerns "developing the nature talents and gifts that have been bestowed to each of us...The collective sum of our shared talents is what makes us special, and as long as we continue to work hard for ourselves and for the betterment of our new communities, success in the future is achievable."

Kate's second point is probably my favorite and the one I find to be the biggest challenge. She encouraged her classmates to recognize the "small wins that come to each of us everyday. Finding the small joys and blessings in each day is essential to a successful future. Meeting a new friend, learning how to navigate a new daily routine, or finding the courage to ask for help in an unfamiliar situation, are all small victories that we need to recognize. Being mindful of the small, joyful things in our daily lives will give us the strength to remember how lucky we are when life gets difficult."

Finally, Kate emphasized the need for gratitude. She did so with a heartfelt thank you to her parents. As she was delivering this part of her speech, she started to choke up, which brought a few tears to my eyes and the eyes of many in the audience. It was a wonderful speech, and I couldn't be prouder to call myself a teacher and a principal of Kate, and the whole Duchesne Class of 2024.

Dominic D'Urso



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Announcements

School Survey:

If you haven't already, please complete the school survey found here: [Survey](#)

Fr/So Finals

May 22

Period 1 Final 8:00-9:05

Period 2 Final 9:15-10:15

Period 3 Final 10:25-11:25

May 23

Period 4 Final 8:00-9:05

Period 5 Final 9:15-10:15

Period 6 Final 10:25-11:25

May 24

Period 7 Final 8:00-9:05

Period 8 Final 9:15-10:15

